Spirit-Controlled Living vs. Sin-Controlled Living			
Spirit-filled Mind		Sins of the Mind	
Forgiveness Hope Appreciation Willingness Impartiality Self-Control Merciful	Humility Thankful Confidence Wisdom Faithful Gratitude	Unforgiveness Evil Thoughts Covetousness Greed Lust Arrogance Senseless Despiteful	Pride Ingratitude Selfish Ambition Deceitfulness Heartless Faithless High and mighty
Spirit-filled Emotions		Sinful Emotions	
Love Peace Gentle Spirit Gladness	Joy Long-Suffering Kindly Spirit Patience Compassionate	Hate Rebellion Bitterness Envy Bad Temper	Anger Unloving Attitude Jealousy Malice Rage
Spirit-filled Mouth		Sins of the Mouth	
Truthful Thankful Gentle Answer Encouraging Tactful	Praise Timeliness Soothing Tongue Pleasant Words	Lying Complaining Yelling Boasting Gossip	Slandering Disputing Disrespect Quarrelling Blasphemy
Spirit-filled Behavior		Sins of Behavior	
Kindness Righteousness Obedience Goodness Courage Endurance Considerate	Gentleness Self-Control Cooperation Sincerity Servant Submissive Impartial	Sexual Immoral Adultery Drunkenness Murder Insulting Ruthless Divisive Disobedience to	No Self-Control Stealing Violence Brawling Favoritism Wickedness

This chart is based on Mark 7:21-23, Romans 1:28-31, Galatians 5:19-21, Ephesians 4:25-31, and 2 Timothy 3:1-5. From: *The Heart Of The Problem* by Henry Brandt & Kerry L. Skinner (Broadman/Holman Publishers ©1995)